

**Nomination for Regional Board Members (Region: Eastern
Mediterranean)**



Name of nominee	Ammal Mokhtar Mohamed Metwally
Name of nominating voting member	Association of liver patients care - Dakalhia
Contact details of nominee	Phone: 002 12 222 80640 Email: ammal_mok@yahoo.com
Country	Egypt

Reasons for nomination (By nominating members):

Dr. Ammal had obtained her M.D (Ph.D), Public Health, and Preventive Medicine, Kasr El Aini, Cairo University, Egypt in 1993. Dr. Ammal Mokhtar besides being Research Professor of Public Health, Preventive and Community Medicine – community medicine research Dept., since May 2004. She was appointed as chairman of project formulation committee - National Research Center since 2007 and Head of the department since June 2012. She has experience in working with international agencies in Egypt as preventive medicine and behavioral change advisor for health and hygiene since 1997. She has been hired as advisor since 1997; for UNICEF (six years), Swiss Development Fund (one year), World Bank (two year) and Royal Netherlands Embassy (one year) and PLAN International (short assignments).

Her experience was extended to cover almost all the governorates of Egypt She has more than fifteen years experience in: designing and implementation of multiple indicator surveys related to assessment of community needs; monitoring and evaluation and in applying the principles of communication for behavioral change and social marketing in public health related fields both at the national and international level. She has international experience as advisor for health in both Yemen (supported by the World Bank) and Jordan (Supported by UNICEF). She has fifteen years experience in provision of technical advice for institutional capacity building, developing, and

compiling training & workshops to the governmental bodies and nongovernmental organizations for enhancing their practices related to health awareness, education and behavioral change.

Experience and suitability for the role, including viral hepatitis status

(By nominee):

My story with Hepatitis C began in 2008 when two of my close relatives got infected by HCV as I was impressed by the extent to which their marital life and psychological well being were affected. Since that time, I have decided to serve people having hepatitis, support them to cope with HCV, its treatment, and its effect on their lives and to limit hepatitis C endemicity. As public health and community medicine specialist, I planned a national project for studying the behaviors leading to endemicity of hepatitis C virus in Egypt in 2009 as principal investigator. My research for hepatitis C was extended to cover the following; Prioritizing high-risk practices for causing HCV in Egypt, Determining Level of Behavioral Development for Hepatitis C virus Cases versus Contacts: Does Infection makes a difference, assessing the most Credible Channels of Communication contributing in the reduction of the endemicity of Hepatitis C virus infection, measuring the impact of Hepatitis C virus infection on quality of life in Egypt, assessing psychosocial stressors for chronically infected HCV patients in Egypt, assessing the need for psychological/psychiatric intervention among HCV chronic patients and assessing the provision and application of the Egyptian National Standards in some centers for blood transfusion.

In 2009, I joined Egyptian Association for the study of the liver & gastrointestinal diseases and the Egyptian Liver Research Institute and Hospital (ELRIAH) in Dakhlya Governorate-Egypt. I am also involved with ELRIAH in testing the validity and reliability of a novel device for non-invasive screening and diagnosis of Hepatitis C Virus using Electromagnetic Signal Detection

Moreover, I have established viral hepatitis group in National Research Center of Egypt who are concerned in researches related to viral hepatitis

During the last three years, I was involved in preparation and actively participated in various viral Hepatitis related conferences. For the last two years I was attending ELPA meetings and workshops as representative to ELRIAH.

Currently, I am in the process of developing the messages for production of awareness tool kit (drama, games and posters) for hepatitis that is culture sensitive to help in combating HCV endemicity in Egypt. Meanwhile, I am working also in another two national surveys as co- principal investigator; one for determination of the efficacy of the Egyptian program for Hepatitis B virus vaccination and the other for assessing the need for a booster Dose for HBV. All my activities and work are implemented in close collaboration with the key officials of the hepatitis department of the Ministry of Health in Egypt.